

What You Need to Know

Within the last 20 years, clinical research has established a connection between certain increasingly common childhood health and behavioral symptoms and their root cause - Sleep Disordered Breathing.

Nine out of ten children suffer from one or more symptoms related to Sleep Disordered Breathing

The **Healthy Start System**
Addresses Sleep Disordered Breathing
Symptoms While Straightening Your
Child's Teeth

Every Child Deserves a Healthy Start

Call for an Evaluation

healthystart™

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www.thehealthystart.com



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Does Your Child Exhibit Any of These Symptoms

ADD / ADHD

Bed Wetting

Difficulty in School

Mouth Breathing

Snoring

Restless Sleep

Delayed Growth

Nightmares

Allergies

Chronic Allergies

Crowded Teeth

Overbite/Overjet

Dark Circles Under the
Eyes

Swollen Adenoids/
Tonsils

Aggressive Behavior

Daytime Sleepiness



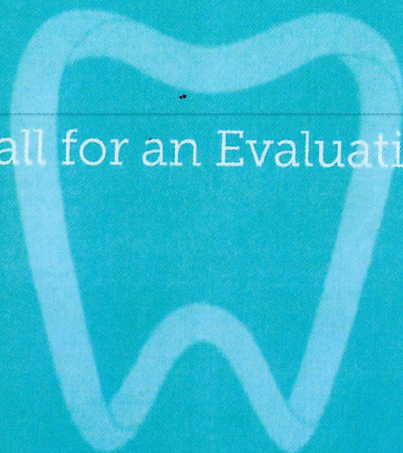
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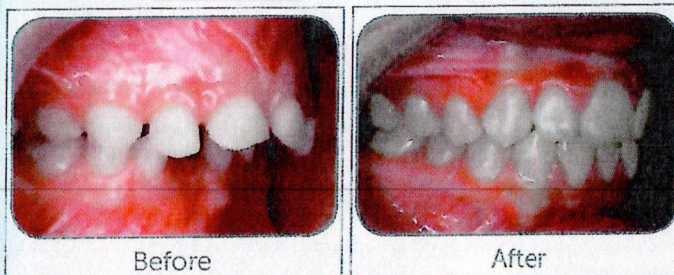
What is Healthy Start?

The Healthy Start System is:

- A series of uniquely designed oral appliances
- Worn a few hours a day and/or during the night while the child sleeps
- Promotes nasal breathing
- Naturally widens the dental arches and develops the jaw as nature intended
- Straightens teeth
- Develops a permanently positioned dentition with no relapse

Healthy Start provides a non-invasive treatment promoting arch development, beautiful smiles, straight teeth, and a lifetime of healthy breathing.
— Just as Nature Intended —

Healthy Start Success Stories



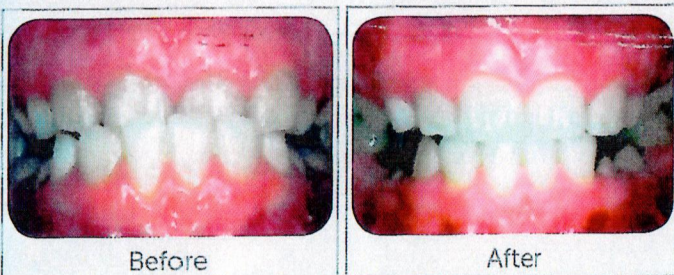
Healthy Start Case: Overjet

The overjet is corrected by allowing the lower jaw to develop in a forward and downward direction. With the advancement of the lower jaw, the profile of the child improves and the airway is enlarged to create nasal breathing and address sleep disordered breathing.



Healthy Start Case: Crowding

The Healthy Start System guides and corrects the eruption of the incoming teeth by naturally expanding the arch to provide room for these teeth, or can straighten the teeth that are already present, and develop proper swallowing. This allows for proper breathing, an expanded airway, and straight teeth.



Healthy Start Case: Class III

The Healthy Start System addresses and corrects the Class III by allowing the force of the tongue to move the upper arch in a forward direction. The movement of the jaws in a forward direction opens up the patient's airway.



The Importance of your Child's Airway

The central issue for many children suffering from the effects of Sleep Disordered Breathing is a compromised airway. When a child's airway is narrow, underdeveloped, or constricted in any way, the child will struggle to receive enough oxygen at night which can result in serious health issues. Healthy Start provides a child an

The Effects Compromised Airways Have on Children

(Example at 7 Years of Age)



What is Healthy Start™?

Healthy Start is a progressive system to improve the health and well-being of children by educating and treating the root causes of certain health symptoms with a non-invasive procedure that straightens teeth for a lifetime of healthy beautiful smiles.

Why Healthy Start™ is Important for Your Practice and the well-being of your Patients?

Nine out of ten children suffer from sleep disordered breathing symptoms:

- ADD/ADHD
- Bedwetting
- Difficulty in School
- Mouth Breathing
- Snoring
- Restless Sleep
- Chronic Allergies
- Nightmares
- Daytime Drowsiness
- Aggression

Over the last 20 years, clinical research established the connection between certain increasingly common childhood health issues and a single likely root cause- Sleep Disordered Breathing (SDB).

Benefits of Using Healthy Start™ System versus Traditional Orthodontics

The Healthy Start™ System:

- Guides incoming permanent teeth, eliminating the need for braces and retainers.
- Achieves full correction within 2-12 months
- Is a fraction of the cost of braces
- Promotes proper facial development
- Develops arch expansion naturally, avoiding extractions
- Can be started as early as age 2
- Straightens children's teeth while they sleep or with only 2 hours of daytime wear.
- Eliminates poor oral habits, mouth breathing, teaches proper swallowing, and addresses sleep disordered breathing,
- Corrects overbite, overjet, cross bites, under bites, gummy smile, open bites, and crowding in 93% of kids when started early.
- Removable appliances that make it easy to maintain proper dental hygiene
- Has no food restrictions
- Develops a beautiful smile for life

Certified providers evaluate and provide a treatment plan for patients

DID YOU KNOW? Studies show that prolonged pacifier use may cause problems with proper growth of mouth, palate and the alignment of teeth. This affects children's sleep and breathing by constricting their airway.



Early Treatment is Critical



Abnormal conditions such as:

ADD / ADHD

LOWER IQ

CHRONIC ALLERGIES

AGGRESSIVE BEHAVIOR

MOUTH BREATHING

SWOLLEN ADENOIDS & TONSILS

DAYTIME DROWSINESS

CROOKED TEETH

RESTLESS SLEEP

BEDWETTING

NIGHTMARES

DARK CIRCLES UNDER THE EYES

SNORING

IRRITABILITY

FREQUENT HEADACHES

ARRESTED GROWTH

LOW GRADES IN MATH &

SPELLING

If children are left untreated, little can be done to correct these symptoms as adults.

An estimated nine out of ten children suffer from one or more symptoms related to Sleep Disordered Breathing (SDB). – *JAOS, Bergersen / Stevens*

These children experience a wide range of debilitating SDB- related health disorders, such as:

- ADD/ADHD
- Lower IQ
- Chronic Allergies
- Aggressive Behavior
- Mouth Breathing
- Swollen Adenoids & Tonsils

- Daytime Drowsiness
- Crooked Teeth
- Restless Sleep
- Bedwetting
- Nightmares
- Dark Circles Under the Eyes

- Snoring
- Irritability
- Frequent Headaches
- Arrested Growth
- Low Grades in Math, Science, & Spelling

The HealthyStart® System is an oral appliance therapy that promotes natural growth and development, which addresses the root causes of SDB. Research has shown that SDB-induced oxygen deprivation is a major contributing factor to the childhood health disorders shown above.

The HealthyStart® System has been specifically designed to promote the proper growth and development of the jaw and airway to optimize airflow and promote proper nasal breathing while straightening your child's teeth. As these areas develop many of the symptoms of Sleep Disordered Breathing disappear. When kids can breathe properly, they can begin to learn, grow, and blossom into their true genetic potential ... just as nature intended.

Many kids with the above health disorders are being "treated" with powerful drugs without evaluating a possible root cause. Our office can evaluate your child and indicate if there is a breathing and sleeping issue. Please take the sleep and speech questionnaire to make an initial evaluation of your child.

Healthy Start not only addresses the root cause of Sleep Disorder Breathing it simultaneously straightens your child's teeth without braces. Best of all, when treatment begins early, the perfect smiles that the HealthyStart® Appliance System creates are less likely to relapse!

HealthyStart® creates healthier, happier kids who can breathe. Rarely has there ever been a single appliance or system with the power to impact your child's health in so many positive ways. As a parent, you owe it to your child to give them every chance to succeed. Call today for more information on how to help children achieve their full potential.

Every Child Deserves a Healthy Start!

HealthyStart® Appliances are FDA Cleared, BPA, Silicone and Latex Free, ISO Certified, and a Health Canada Class II Medical-Grade Device.

Treatment with the HealthyStart® Appliance System promotes natural growth and development and is safe and effective. HealthyStart® is non-surgical, non-pharmaceutical, pain-free and non-invasive therapy, is soft, comfortable and worn at night (or as directed) to assist parents who struggle with children affected by Sleep-Related Breathing Disorder, a restricted airway and crowded or crooked teeth.

Healthy Start Treatment

Open Bite



Overjet



Underdeveloped Jaw



Upper Arch Crowding

